



## What's happening at Nursery School !



Monday 8th October 2018 to Friday 12th October 2018

Last week the children have been very busy learning in all the areas of the Nursery school. There has been a lot of focus on physical development. Outside there has been a lot of interest in the open ended resources that Sally, our artist, brought in for the children to explore. The children have enjoyed using their imagination and curiosity to explore these materials and demonstrating their fine motor skills and hand eye coordination while joining and using the materials. In Cherry room and outside on the playground the children have been practicing balancing, climbing and taking part in lots of physical challenges using weights and the climbing wall. Being physically active is not only good for children's physical and mental health but it also makes a big difference to their academic abilities. Active children are healthy, happy, learning ready and they sleep better! Exercise builds relationships and social skills, contributes to brain development and learning as well as developing their muscles and bones. Did you know that children under 5 who are capable of walking should be active for at least three hours per day and should limit the amount of time spent sitting still? All movement counts towards the three hours and it can be spread across the whole day. Why not share photographs of your children taking part in physical activities on Tapestry? Nearly all the children have settled well in to Nursery school but a few are still getting used to their new learning environment and only just building relationships with the adults and other children. Please support your child to settle in to Nursery school by continuing to bring them regularly and talk to your child's keyworker if you are worried. Just like us, every child is different and responds to new experiences in a different way. By talking positively about Nursery School to your child you will help them to be reassured that Nursery school is a great place to be and that learning can be lots of fun!



On Saturday 13th October you will be receiving an invitation by text to join EasyPeasy, our free 20 week programme of fun, simple game and activity ideas to play with your child. They fit easily into your daily routine, so that every moment - from the school run, to bedtime and bath time - becomes an opportunity to learn through play. The text will have a link in it. There is no need to download anything on your phone. It's EasyPeasy! You just need to watch the video and read the rules of the game on your mobile phone. You will get a new game every Saturday. We hope that you will play, practice and improve throughout the week! Then you can share your experience with us! Write a comment to let us know how it went! Look out for your letter explaining how it works!



## Snacks and fruit or vegetables for the café

In order that we can provide healthy snacks each day in the cafe for the children please can children in the Squirrels bring in a few pieces of fruit, some vegetables or some breadsticks or crackers this week?

Next week will be the turn of the Robins group.

If you are not sure what to bring please ask your child's keyworker.



Please support us to provide healthy snack options for the children.

## Visit to Sutton Park

Please ensure that you sign the consent form for our Autumn educational visit to Sutton Park which will take place on Tuesday 16th October and Thursday 18th October.

Please also let us know if you are able to come too. We do need parent helpers in order for this trip to go ahead. Unfortunately you will not be able to bring younger siblings on this occasion. If your child is not attending the trip they must stay at home as Nursery School will be closed as all staff are accompanying the children to Sutton park.

## School Dinners

Please remember that school dinners cost £2.00 per day:-

£10.00 per week for 30 hour place children and £4.00 per week for 15 hour children staying for dinners on two days.

Please put the exact money in a white Dinner Envelope and place in the post box near the reception desk. If you are unsure how much you owe please ask at reception. Please note that we DO NOT give refunds for meals if your child is absent due to illness.

If you think that you may be eligible for Free School Meals for your child please ask for information and a form at the office.

Please don't forget to phone us if your child is going to be absent.

The office is open from 7.30am until 5.30pm

The school telephone number is **0121 675 3408**

Please add the number to your phone contacts.