

## What's happening at

## 3rd November to 7th November 2014

Welcome back to the second half of the Autumn Term.

Before the half term holiday many of the children were spending lots of time outside and were really challenging themselves physically- jumping, riding bikes and scooters and balancing. Physical play is really important for lots of reasons.

Did you know:-

Children of pre school age who are capable of walking should be active daily for at least 180 minutes (3 hours); this should be spread throughout the day?

Children under 5 need play time to master their physical environment and develop fundamental movement skills?

Physical activity has positive effects on a child's physical health (weight and blood pressure), mental health (well being), it promotes bone health and motor skills, social, cognitive and emotional development?

Establishing physical activity as part of their daily routine from birth will give a child the best start?

Staff have all received training in using Makaton, which is a type of sign language that is fantastic for supporting children who are developing their language and learning new words in English. Some of you may already know all about it if your children watch Mr Tumble.

We are going to be using the signs alongside the words with all our children and each week we will focus on five new signs. This week the focus will be on using the signs for

## Please, Thank you, Friends, Hello and Toilet

Ask your child to teach you the signs too!!!

Parent consultations will be taking place on

Monday 10<sup>th</sup> November for parents of children in Hedgehogs, Squirrels, Ladybirds and Butterflies (Monday to Wednesday) groups

Thursday 13th November for parents of children in Rabbits and

## <u>Caterpillars groups</u>

Friday 14<sup>th</sup> November for parents of children in Woodpeckers, Owls, Robins and Butterflies (Wednesday- Monday) groups

Please sign up for a time on the sheets in the corridor.

Please ensure that your child brings a coat to

Nursery School every day.



Please also remember to put your child's name inside their coats and also on hats, and gloves.



This week we will be starting our Forest School sessions for the first groups of children.

Staff will let you know if your child is going to be taking part in the sessions this term.

You will get more information and be asked to complete consent forms too!

<u>Wishes for your child while they</u> <u>are at</u> <u>Nursery School and beyond!</u>

If you haven't already done this, please can you complete a wish card for your child. Think about what you hope your child will achieve while they are at Nursery school and write it onto a post it note or any small piece of card or paper and handed to your child's keyworker



Fruit for the café

One of the contributions we ask parents to make is to bring fruit for the children to share in the café. Please can children in

Hedgehogs and

Woodpeckers

bring in a few pieces of fruit this week?

Next week that will be the turn of Ladybirds and Robins



<u>All about me books</u>

If you have not brought your child's "All about me" book into Nursery school please bring it in this week. The books are great for helping your child settle and also let staff have conversations with your child about the people and things who are important to them Children are always more confident when they can talk about things that they know all about!